

### CALENDAR

Due to inclement weather, Vatavian fighter practice is temporialy suspended until further notice. Watch this space for further detail.

If you are interested in a Calligraphy & Illumination group, please contact Lady Aislinn at 269-0999 between 6:00 - 9:30 p.m.

If you missed the gathering for Mid-Eastern Dance, please call 686-6893

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As always, submit to your chronicler.

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You must send a letter to the editor of this newsletter, stating which articles you have used and in which publication the material has been reprinted.

This is the Dragonflyer, a publication of the Barony of Vatavia of the Society for Creative Anachronism, Inc. The Dragonflyer is available from Deborah Taylor at 1137 Gidley, Wichita, KS 67216. It is not a corporate publication of the Society for Creative Anachronism, Inc. and does not delineate SCA policies.

# The Byzantine Corner

### Cameline Sauce

# Demetrius il Condottierro

The Viandier of Taillevent, Edited by Terence Scully, Ottawa: University of Ottawa Press, 1988 is the source for Cameline sauce.

To make Cameline sauce, grind ginger, a great deal of cinnamon, cloves, grains of paradise, mace and, if you wish, long pepper, strain bread that has been been moistened in vinegar, strain everything together and salt as necessary.

The redaction of this recipe is as follows:1 slice bread1/4 t. ginger1/3 C. wine/cider vinegar1/4 t. mace1/8 t. cloves1/2 t. cinnamon1/4 t. grains of paradise1/4 t. salt

Pour the vinegar over the bread, let it steep until the bread is very soggy. Take the bread out of the vinegar and put it in a strainer (do not pour in any of the vinegar that did not get soaked into the bread). Press it through the strainer with the back of a spoon into a bowl, occasionally scraping off what sticks to the bottom of the strainer. When you have pressed through all that you can, stir the spices and salt into the sauce in the bowl. Press the mixture through the strainer again. Serve cold. It is good with beef of fish.

You can run everything through a blender or food processor, but the period method of pressing it through a strainer produces a texture that a modern blender or food processor just can't touch (don't ask me why, I really don't know.).

\*If you can't find grains of paradise, use 1/8 t. pepper, 1/8 t. ground cardamon, but the taste will be different.

#### OFFICERS' MEETING January 8, 1996

15 members were present: 12 officers/deputies/champions, 3 members of the populace

The meeting opened with the Chronicler's report. Ideas and requests for articles were discussed. The Vatavian history is being checked for publication. The Herald has had no new device proposals. He is awaiting information on those already in process. The new MOC is in the process of transferring the office and in getting materials organized.

The Minister of Arts and Sciences reported on a variety of upcoming events especially for the arts and sciences. The judges' roster is being updated. An interkingdom culinary arts publication is now available. Contact Lady Kerare for information on any or all of these. The populace is encouraged to attend the Moots, the second populace meeting of the month which covers a different special interest each time. These are held the second Thursday of the month.

Those scheduled demonstrations and those being planned were presented. The Chatelaine's office will have a rough draft of the Census available for additions and corrections this populace. Advertising and a computer net home page are both being worked on to begin in the spring.

The group is currently waiting for confirmation from the park board on requests for building site reservations. This information is needed before fighter practices can be scheduled. Contact the SERF line or the Knight Marshall. There was no report from the Archer Marshall. At this time there is only one warranted archer marshall for Vatavia.

Events were covered. The Valor autocrat was announced, Alexandria nic Alleyn. The theme for Valor, its activities, a possible title and possible tie-ins were discussed in detail. Marketing strategies for the event were proposed. The effects of facility changes planned by Camp Hiawatha were brought up. There is no information as of yet on the Kansas Newman Renaissance Faire.

The Seneschal presented the fiscal report for 1995 and the allocations for the coming year. Specific items were discussed. The availability of a written copy of the budget for planning purposes was brought up. Guilds and guild activity were discussed. Groups are encouraged to become more active. The Baronage brought up special projects and goals they would like to see accomplished for this year. The Baronage would like the key word for Vatavia to be 'action ' and the motto for Vatavia, ' Just do it '.



# JULIEI I FUR CREATIVE ANACHRONISM, INC. (SCA) membership application

ENCLOSE YOUR PAYMENT OR COMPLETE CREDIT CARD INSTRUCTIONS AND SEND FORM TO:

The Society for Creative Anachronism, Inc. • Office of the Registry

P.O. Box 360789 • Milpitas, California 95036-0789, U.S.A. • Tel (408) 263-9305 • Fax (408) 263-0641 CREDIT CARD INSTRUCTIONS ARE ACCEPTED BY FAX

#### MEMBERSHIP TYPES:

• Sustaining: \$35.00 - Subscribing membership for those served by U.S. Postal Service. Sustaining members are eligible to hold office and any other privileges designated. They receive subscriptions to Tournaments Illuminated and their Kingdom's newsletter.

International (Foreign): \$25.00 - Subscribing membership not served by U.S. Postal Service. International members are eligible to hold office and any other privileges designated. International members receive Tournaments Illuminated. Subscriptions to Kingdom newsletters are available for an additional \$15.00 which includes postage.

NOTE: Australian residents should not use this form. Please contact Registrar for correct form. · Contributing: Subscribing members may add to the basic donation to help in the general operation of the Society.

Suggested U.S. tax-deductible amounts: \_\_\_\_\$25 \_\_\_\_\$50 \_\_\_\$100 \_\_\_Other

· Associate: \$20.00 - Non-subscribing membership. Associate members are eligible to hold office and any other privileges designated, except where other membership categories are required by Corpora or the Bylaws. Associate membership does not include subscriptions to Tournaments Illuminated or a Kingdom newsletter. Receives Membership card only.

· Family: \$10.00 - per non-subscribing membership for immediate family of a Subscribing or International member residing at the same address. Family members are extended the privileges of associate membership. A maximum of \$60 will be collected from families with one Sustaining and three or more family members (\$35 + \$25). A maximum of \$50 will be collected from families with one International and three or more family members (\$25 + \$25). NOTE: A separate application form must be completed and signed for each family

MEMBERSHIPS ARE EFFECTIVE IMMEDIATELY UPON RECEIPT OF PROPERLY COMPLETED MEMBERSHIP APPLICATIONS AND PAYMENT. SUBSCRIPTIONS MAY TAKE 3 TO 6 WEEKS FOR PROCESSING. FOR CONFIRMATION SEND SELF-ADDRESSED, STAMPED BLANK POSTCARD (1 POSTCARD PER PERSON). NO FAXED CONFIRMATION.

SOCIETY FOR CREATIVE ANACHRONISM, INC. WAIVER OF LIABILITY AND AGREEMENT TO MEDIATE OR ARBITRATE DISPUTES

• 5 waive any claim for liability for any injury to myself or damage to my property 1 may receive by reason of participating in martial arts or other activities or events sponsored or arranged by SCA. I an aware that SCA activities are potentially dangerous and can result in serious harm. I agree to follow all SCA rules or directions of SCA officials regarding equip-

ment, participation or personal safety and voluntarily accept all risks associated therewith. In the event of a dispute arising out of my participation in any SCA-sponsored activity, I agree to work through the internal dispute resolution procedures of the SCA. If these procedures do not lead to the resolution of the dispute, I agree to submit it to binding arbitra-tion in accordance with the rules for commercial arbitration of the American Arbitration Association (AAA), with three arbitrators, at least two of whom must be SCA members (one chosen by myself and the other by the other party, and the two of them to select the third.) The arbitration may take place wherever the parties mutually agree, but will be in San Francisco, California if they do not agree otherwise, and in any case the laws of the state of California will apply. During arbitration, either party will be entitled to discovery pursuant to the procedures available in litigation in California.

THE UNDERSIGNED AFFIRMS THAT HE OR SHE HAS READ AND UNDERSTOOD THIS STATEMENT, AND AGREES THAT THIS IS A WAIVER OF ALL CLAIMS ARISING FROM PARTICIPATION IN EVENTS SPONSORED BY SCA TO THE EXTENT PERMITTED BY LAW

#### SIGNED

SIGNATURE OF PARENT OR GUARDIAN (IF APPLICANT IS A MINOR)

Note-parental signature binds both the parent and the minor to the terms of this agreement, but does not authorize participation by a minor in armored martial arts, period fenc-ing, marshalling, archery, scouting, or banner-bearing in combat. A separate parental consent and waiver form is required to authorize a minor to participate in any of these activiues.

DATE

MEMBERSHIP INFORMATION No Calligraphy! - Print or Type Clearly

State:

Postal or Zip Code: \_\_\_\_

Legal Name: \_

Address:

City:

Country: \_\_

Phone (Home): \_\_\_\_ Phone (Work): \_\_\_\_

Society Name:

(For reference only. Society names are registered though the College of Heralds)

#### PROCESSING TIME: 4-7 WEEKS.

The cutoff for each month is NOON of the last working day of the month. Forms that come in after the cutoff are processed for the following month. Newsletter cycle is: January deposit equals March labels, etc.

#### **RATES EFFECTIVE 1/1/95**

PLEASE CIRCLE CORRECT AMOUNTS:

Membership Type	Annual
Sustaining	\$35.00
(U.S. First Class Postage)	7.00
(Contributing donation)	
Associate	20.00
Family (\$10 x # members)	
International (Newsletter not included)	25.00

Enter total for membership & postage: \$\_\_\_\_

Additional Publications	U.S. ONLY Third Class	INTERNATIONAL OR U.S. First Class
Ansteorra	\$8.00	\$15.00
🗅 An Tir	8.00	15.00
□ Atenveldt	8.00	15.00
🗅 Atlantia	8.00	15.00
🗅 Caid	8.00	15.00
Calontir	- 5.00 -	- 15.00
🗆 East	8.00	15.00
Meridies	8.00	15.00
🗅 Middle	8.00	15.00
Outlands	8.00	15.00
C Trimaris	8.00	15.00
🖸 West	8.00	15.00
🗆 Lochac	N/A	15.00
Drachenwald	N/A	15.00
Compleat Anachronist	8.00	15.00
Board Proceedings	-	15.00

TOTAL AMOUNT ENCLOSED: ....

D Renewal

(Please send U.S. Funds only)

New Membership

Change of Address

C Replacement Card

Check or Money Order, payable to S.C.A., Inc.

Mastercard **D** VISA

Credit Account Number:

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## Immunity

I was incredibly fortunate to visit my family over the Holiday season. My mom and I decided to take a little trip to a place called Westville. Westville best compares to Wichita's Cowtown. It is an 1850's Southern Georgia town, reconstructed from original structures from a tri-county area.

Now time traveling is second nature to those of us who are in the SCA. For my mom however this was a new and radical experience. As we were walking along the street early on in our trip, my mom leaned over to me and "Boy, that really blows it for you, doesn't it?" It took me a minute to find what she saw, an old style wagon with bucket seats (right on the edge of town mind you). As we went a little further, she rapidly located many other 1990's anachronisms in this quaint village. Meanwhile, I blithely went along, either integrating or ignoring modern watches, tennis shoes, etc. (However, the hot pink sweatshirt over a long skirt had me raising an eyebrow.):

As people who do this frequently, it is far too easy to forget the image we project to modern eyes. Every weekend, we are immune to the coolers, soda cans, and tennis shoes. Since we are all in the game together, we tend simply integrate this as part of the SCA event experience. But what about demos? People attending our demos, whether school, Boy Scout, or Renfaire, come into those demos with the expectation of a solid period experience. How do we, as volunteer participants best project the clothing, language, and behavior of the time period we seek to emulate? Tune in next month for "Putting Our Best Demo Foot Forward."

## Queen's Prize Tourney

It never ceases to amaze me the sheer talent that exists in this world. I know so many artistically talented people whom either use or don't use their skills. It simply astounds me that there is so much beauty in our world that very few people see since there are so few display arenas for artists. Fortunately, those of us who are citizens of Calontir are very privileged to have a non-competitive forum for our artisans to display their skills and learn more about their chosen craft.

Queen's Prize Tourney was this weekend past, and it was eye boggling -- Tables and tables of calligraphy, armor, and brewing. Lots of arts and sciences that we don't see often -- heraldic wood-working, instrumental/vocal music performance, ethnic costuming, etc. The written word cannot convey what is largely a visual experience. If you ever get a chance, go to Queen's Prize Tourney, better yet, enter! It's a fantastic opportunity to learn as a judge, participant, sponsor, or observer.

Vatavia was well represented by Lord Eckerich Rothvalken von Stromburg (who has managed to go nine whole months without impacting anything with his van) who submitted his tent project. Her Excellency Rhianwen, Efentes Demetrios, and Her Ladyship Maeve all sponsored entrants.

Unto the Poplace of the Barony of Vatavia come greetings from Lady Kerare de Jorz, your local MoA & S

To those of you who have kept me informed of your projects, or of someone else's endeavors, (snitch), my thanks. You have allowed me to give full reports on all Arts & Sciences, demos, competitions and victories.

At Kingdom level, we have three excellent events coming up. Two of them will have occurred by poplace meeting, Queen's Prize tourney, Jan. 13, and Judge's Workshop, Feb. 17. I hope many of you went and learned at these events. The last, Criteria Workshop, Feb. 17, is in Forgotten Sea. I would encourage anyone interested in the arts and sciences to attend and participate. Also, if you are interested and feel qualified to be a judge, newest edition of the Judge's Roster is being prepared and updated if you would like to be included please contact me.

We are having monthly Moot's the second Thursday of each month, with classes and socializing. They begin at 7:30 and each month is different. January was on Mongolian Costuming to help prepare for the Mongol event. If you are interested in teaching a class or have an idea for a class, please let me know.

Two new interest groups are forming, Mid-Eastern Dance, and Calligraphy & Illumination.

If cooking is your interest, there is a new, free, publication for you, "Interkingdom Cookery". To become a subscriber or submit something for publication, contact : Mary Morman, 1245 Allegheny Drive, Colorado Springs, CO 80919-1516 or E-mail at memorman@oldcolo.com

In parting, I would ask that the poplace bring out the projects they are working on. Competition is not for everyone, but your work will encourage others to try things as well, besides, I would LOVE to see some of the things I write about in my reports.

In Service, Lady Kerare

## A BYZANTINE COOKBOOK

# To Stew Fillets of Beefe

Demetrius il Condittierro

From: A Delightful Daily Exercise For Ladies and Gentlewomen by John Murrell, 1621. Reprinted by Falconwood Press, 1990

Original recipe: Take a rawe fillet of beefe and cut it in thin slices half as broad as your hand and fry them until they bee halfe fried in a frying-panne with sweet butter uppon each side with a soaft fire, then powre them into a dish or a pipkin putting in a a pint of claret-wine, a foggot of sweet herbs, and two or three blades of whole mace, a little salt, the meat of a lemon cut in slices, then stew these all together very softly for the spaces of two or three hours till it be half boiled away, then dish it upon sippits and throw salt upon it and serve it to the table hot.

### My redaction:

The intent of this dish seems to be to brown beef then cook it very slowly in a wine sauce. This should make fairly tough beef quite tender. Note: the first time I cooked mine, I used bottom round and simmered it for approximately 45 minutes. Trust the original recipe and cook it for 2 hours unless you pound it to tenderize it first.







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Leonhard Von Lowenstrum		686-7966
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