

The gluttonis friend

Rectifies the humours

For to lette the
badde blodde yn
sprynge

Do not scruple to applye many att
ones, accordinge to the severity
of the affliction



Physicians aprentyses
gathering lecheys
from the broke



DRAGONFLYRE

JUNE ASXXXIII

The choicest & moost delicate specimenis
of *Hirudo medicinalis* LEECHES
Sovereign for hed ache teethache redde buboes
and alle manner of plethora



Culle on the brooken lye and applye
to lempels, bend of ellbowes, back
of knees, etc.

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FROM THEIR MAJESTIES

Greetings Unto the Populace of Our Barony of Vativia

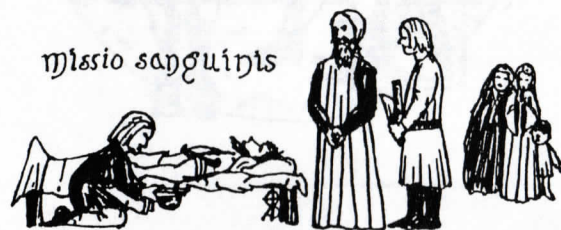
In response to Our requests for individuals who would like to be considered as successors to Our faithful servants Gabriel and Rhianwen as Baron and Baroness We have received messages from the individuals listed below. First, if there is anyone who attempted to send Us a letter but whose name does not appear on the list of candidates, please let Us and the populace of the Barony know that you wish to also be considered and send Us a copy of the original letter.

Magnus O'Carr & Annys de Vernun of Kettering
Takahara Otoshi & Eleanor ferch Rhiwallon
Vladimir Zinonovich & Alexandria nic Alleyn
Gabhainn Luaith MacDhomhnuill & Eliane Marie Nazaire d'Avignon
Tristan Rory de Jorz & Morria Salina
Leonhard von Lowenturm & Maeve Kelly de Navarre
Thomas Bacon

We would now ask the populace of the Barony to send Us your thoughts regarding which you believe would best serve the Barony and the Kingdom in this position. All letters or messages received will be treated with strict confidentiality and will be destroyed at the close of the selection process. In order to make Our selection by the Tournament of the Falcons We need to have all comments by June 21st. It is Our hope that every member of the Barony will take time to aid Us in making this important decision. Letters may be in the form of an endorsement for one or more of the candidates or they may address the strengths and weaknesses of all the candidates. We will be interviewing candidates during the week of Lilies War. While We will be glad to receive verbal comments from any member of the populace, Our memories are imperfect tools.

In Service to Calontir

VALENS AND SUSANNA



FROM THE BARONAGE

Unto the good Populace of Vativia come warm greetings from Gabriel and Rhianwen, Baron and Baroness of these lands by the good grace of Their Majesties Valens and Susannah.

Elsewhere in these pages you will find the completed list of those who are applying for the position we now hold. We congratulate them all on their willingness to serve this Barony and the Kingdom, for they all are aware of the responsibilities which go with the coronet. We call on all loyal Vativians to submit to Their Majesties a letter with your opinions on the candidates, for They have asked that your voices be heard. The deadline for doing this is June 21. We stress to all of you that the SCA is not a democracy; we are emulating a monarchy, but Their Majesties are wise and have requested the opportunity to consider all opinions before rendering Their decision.

Rhianwen will be absent from the Barony throughout the month of June; her academic life requires some time in the field. Therefor, she will be traipsing through the mountains of Colorado in search of rocks. Well, it's what she loves. She will be taking a short break from the field to attend Lilies, so we all can see her there. With this in mind, please remember that the best time to contact Gabriel is to call in the early evening or to leave a message on our answering machine.

We naturally encourage everyone to enter and participate in our Championship event June 6th in the small town of Beaumont. This isn't the first time we've had a local event out of town, and we hope that many from surrounding SCA groups will also attend.

Lilies is almost here! This homegrown War has become bigger and more popular over the years and is most worthy of everyone's time. Remember that Vativia has volunteered to handle Troll duties on Thursday; all interested should contact Baroness Brialen at 524-0917.

May the savage beasts keep clear of your fields, and may their pelts decorate your walls.

In service

GABRIEL

RHIANWEN

FROM THE ARCHER MARSHAL

The MidRealm Winter Challenge is over, but Vatavia's a winner! We posted 25 scores to the Winter Challenge. I would like to thank everyone who shot in this InterKingdom Competition. There are many up-and-coming events to attend. Many of these have archery. Don't forget your bow when you travel. It is also ECHOIC time. Let's try to send in more than 25 ECHOIC scores, and have fun shooting!

In service,

Ruaidrigh de Graham

FROM THE CALTROP CLERK

Unto the citizens of Vatavia doth HL Annys de Vernun Kettering, Caltrop Clerk, send greetings this Feast of St. Edbert, AS XXXIII. Please accept the following report.

The Laurel Queen of Arms, at her April 1998 meeting, registered the following proposals from Vativian citizens:

Cerridwen Eurgledde ferch Owain ap Bychan Glyndyfrdwy: change of name from Cerridwen Eurgledde ferch Owain, registered 8/97; and new device, Sable, in chief an open book Or, overall a sword proper.

Rory de Graham: name. The given name was submitted as Ruaidrigh, which is the Gaelic spelling. The spelling was changed to English to match the surname.

The following proposal was returned for further work:

Orabella Gráinne O'Briain: name. The name was returned for combining the English Orabella with the Gaelic Gráinne O'Briain. Laurel suggested the following alternatives: Gaelic, Sibeal ni Briain, or English, Orabella Grace O'Brian.

If you have any questions or comments about these actions taken by Laurel, Queen of Arms please feel free to contact me at 755-1917 between 7pm and 10pm.

I hope this missive finds all in Good Heart and Good Health.

I remain in service to Vatavia,

Annys

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FROM THE CHATELAINE

Fair gentles:

I am pleased to inform you of the results of our Newcomers' 101 class, which was held on Sunday, May 3rd at Pawnee Prairie Park.

During RenFaire, I had 59 people sign my list sheet for the upcoming Newcomers' demo and actually saw 49 people show up! We are going to see many of these fine people at May populace. Please take a moment to say hello and make them feel welcome. I send thanks and appreciation to the fair gentles who took time from their busy lives to help with this very fun and extremely informative Newcomers' 101.

HE Gabriel obtained the site and addressed the newcomers with his gift for imparting information and making people feel comfortable at the same time. HE Brialen provided information on heraldry, blazoning and devices. HL Marie gave tips on court etiquette and persona. She also brought oatcakes and delicious herb butter, The roll of arms, set up and take down was very appreciated.

Ly> Christine took wonderful care of the children. Ld. Otoshi presented great information on fighting. Ly. Eleanor gave a very nice welcome to the newcomers and was also the "armor model" for Otoshi. Her set up and clean up was very much appreciated. Ly. Sibeal also welcomed the newcomers and talked about obtaining garb—there were many requests for this. Ld. Corrigan, Ly. Elspeth, and milady Vanora spoke about Calligraphy and Illumination, as well as demonstrating their wonderful talent. HL Kerare gave a great demonstration of Middle Eastern dance. Western European dance was discussed by Ly. Eliane, Ld. Gabhainn, and milord Conchobar Dubh. Ld. Stephen and Ld. Michael demonstrated archery, which the newcomers really seemed to enjoy. Ly. Alex, Ld. Even, HL Friar Thomas, milord Gray Wolf, milady Sebina, milord Coelred, milord Devin helped load, unload, set up, and performed a myriad of other things that needed doing. Many thanks to all who brought A&S items for our display table. It gave the new people a good idea of some of the things we do and the talent involved. I would also like to thank one of our new members, Chris, for his beautiful guitar music.

The newcomers were pleased and enjoyed the day, they told me. Thanks to everyone, it was a success! Welcome to Vatavia all who are new, who wish to learn, and who want to have fun playing!

Yn gwasanaeth,

Cerridwen

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FROM THE CHRONICLER

Good gentles of Vatavia:

I am very proud to introduce the very first interactive Dragonflyre cover! Under the weather at an event? In the mood to gross out your friends? Just slap one of these lovely faux leeches on your bod (sticky stuff not included) and feel like a medieval patient. Credit must go to my twisted spouse Brude Sigurdsson for coming up with the idea, and to Toda Galindez for her marvelous execution of it.

Lightheadedly,

Οοιοιρα the Σπim



FROM THE FIGHTER MARSHAL

Unto the gentle populace of Vatavia come these warm greetings from Takahara Otoshi, Knight Marshal of Vatavia.

The heat of the summer is upon us and the horns of War have sounded. The summer events are plentiful and Lilies is a mere few weeks away. Hopefully, all authorized fighters have received your current fighter cards. If you have not, please contact me.

Please note the Baronial Champions' Event mentioned elsewhere in the Dragonflyre. There will be plenty of fighting for everyone, whether or not you wish to participate in the Champion's Tourney. Because of the bountiful opportunities to fight throughout the weekend, only those who are fighting in earnest will be allowed to enter the Champion's Tourney. If you have any other questions about the duties of the Baronial Fighter Champion, please contact me.

Fighter practice continues at O. J. Watson park on Sundays at 1:00. The unofficial Fighter Get-Together occurs at North Linwood park on Wednesdays at 6:00-ish. Basic Sword and Shield/pell work/armoring continues at the Baronial Pell and Armory on Tuesdays at 6:30-ish.

Contact me or check the Serf Line (bog-serf or 264-7373) for more information.

I look forward to another season of Vatavia fighters showing the might of the Dragonfly on the field of honor. I also wish to welcome all the new people who wish to learn the ways of Combat and Chivalry.

In service to Vatavia, Calontir, and the Dream,

Takahara Otoshi

FROM THE MINISTER OF ARTS & SCIENCES

Unto the citizens of fair Vatavia does Aoibheann Ruadh na Kildare send greetings.

With Botanica and RenFaire behind us, I would like to offer my "huzzahs" and grateful thanks to all who gave of their time and talents to display the arts and sciences to the public. In particular, I would like to thank Ly. Eliane, Ld. Gabhainn, and all the other dancers for their skill and endurance; HE Rhianwen for doing all the great display signs, everyone who generously loaned items for the A&S display table, everyone who shared their time and talent staffing the living history and A&S display table/info booth/sales area, and HL Annys, HL Marie, and all of the heraldic tent staff. All of you have my humble gratitude for all you have done.

These two demos signal the beginning of a busy summer with many opportunities to let your talents shine, both at home and afar. The special interest group night at May populace has given everyone an opportunity to see a sampling of the Arts & Sciences activities available here in Vatavia. If you didn't see a group that matched your area of interest, feel free to start one! See me if you have questions.

Beginning in June, populace meetings this summer will feature "Try Something New" nights. One special interest group will be available each month half an hour before Court to allow members of the populace to try an activity in a hands-on format especially tailored to beginners. This will be the perfect opportunity for those who have been unable to attend regular special interest group meetings. And please don't let what you *think* is a lack of talent stop you from trying—you may

surprise yourself! That's what this summer at populace meetings is about—trying something new, or reacquainting yourself with an old interest. So come to populace meeting early and have some fun!

In service to Vatavia and Calontir,

Doibheann

FROM THE MINISTER OF CHILDREN

WANTED!! The people of Vatavia are looking for a 5th Champion. To become the 5th Champion you must complete the Quest for the Banner Barer. To be eligible, you must be between the ages of 13 to 18. There will be a competition based on the involvement in each of the four categories: Archery, Bardic, A&S, and fighting. There will be a point system. You will gain points in each category and the person with the most points will become the first 5th Champion. For fighting, you will sponsor a fighter. The better your fighter does, the more points you will win. So, you want to do everything you can to help your fighter. That includes helping them in and out of armor, cheering them on, making sure they have water, etc. (Hint: You could make them a favor and enter it in the A&S competition.)

On another note, Friday and Saturday evening of Champions there will be a big bonfire with drumming. I hope to see a lot of dancing. Sounds like a big party!!! Please remember, we are on a quest and we should put on our best. We want to be able to make this a yearly event. We will be among mundanes, so let's be careful of what we wear and what say. But most important... have lots of fun.

We will have a young journalist writing articles for the Dragonfly on behalf of the teens. I look forward to seeing what they have been up to, what they intend to be up to, and reading the wonderful stories they have to tell. With the help of everyone, I hope to see the young people of Vatavia become more involved in the SCA.

In service,

Orabella

B

GENERAL ANNOUNCEMENTS

All newcomers: Orabella--wearing her census hat--needs your name and phone number, and the names of your children. Anyone who has changed their address, I need this from you too. Please contact her at 788-8826, or e-mail her at allen@fn.net.

Archery practice is at 5500 N. Maize Road on Thursdays (except the first Thursday of the month), 6pm until dusk. Please contact Ld. Roderick at 788-8826 with your questions.

Armoring is held at His Excellency Gabriel's house. Call Ld. Otoshi at 267-3456 for details

Bardic is held the last Monday of the month. For more information, call Cerridwyn at 524-0478.

Calligraphy and Illumination has moved to Godric's humble abode, meeting the first Thursday of the month at 7:00. Please call Corrigan McKenzie for the address or other information at 945-1536.

Costuming/Fiber Arts occurs on the third Monday of each month, at the Aragon Apartments Clubhouse. The Costuming/Fiber Arts interest group now has several books and a sewing machine available for loan to members of the Barony. Call Ly. Sibéal at 265-4643 if you have questions.

For information about European Dance, please call Lady Eliane at 265-2507 for more information.

Fighter practice has moved to Watson Park, but remains on Sundays from 1:00 on. It has resumed on Wednesdays from 6pm(ish) until dusk at N. Linwood Park. Everyone is welcome—please bring your Arts & Sciences projects to work on and share with others.

The Property Mistress is taking on deputies for 'training.' If you are interested, please contact Ly. Christine at 943-1879, or e-mail her at thebarrs@fcist.com

The Minister of Children, hero that she is, can't save the world alone. If you are interested in becoming her deputy, please call Ly. Orabella at

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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

June 1998



1

2

Armoring/Sword & Shield - 6:30

3

Officers' Meeting - 7:00

4

Calligraphy & Illumination - 7:30

5

6 Champions' Event

7

Fighter Practice - 1:00

8

9

Armoring/Sword & Shield - 6:30

10

Fighter Practice - 6:00

11

Archery Practice - 6:00

12

13

14

Fighter Practice - 1:00

15

16

Armoring/Sword & Shield - 6:30

17

Populace meeting - 7:00

18

Archery Practice - 6:00

19

20

21

Fighter Practice - 1:00

22

Costuming/Fiber Arts - 7:00

23

Armoring/Sword & Shield - 6:30

24

Fighter Practice - 6:00

25

Archery Practice - 6:00

26

27

28

Fighter Practice - 1:00

29

Bardic - 7:00

30

Armoring/Sword & Shield - 6:30

788-8826.

Anyone interested in any information concerning the SCA or in becoming a member of the SCA, please contact Cerridwyn at 524-0478.

From the RenFaire Autocrat: I would like to thank the populace who assisted with this year's RenFaire. The demo went well and skies remained rain-free. Several interested contacts were made and we should give our new gentles a warm Vativian welcome....Tristan Rory de Jorz.



DRAGONFLYRE CREDITS

Her Excellency Rhianwen.....Ink Primate
HL Marie Chantal Delaire.....Officers' Minutes & Heraldic Art
Milady Toda Galindez.....Non-border Art

Champions Event

Beaumont, Ks.

June 6th



This demo will be during the watertower restoration festival at Beaumont. Beaumont is very enthusiastic about our being there. The restoration of the watertower and blacksmith facilities is their reason for this event and the donations received will go toward that end.

As the festival itself is scheduled to start quite early, we request that participants in the demo try to arrive prior to 8 AM. Sorry.

Camping is available: primitive site. Set-up for those camping will start Friday night, June 5th. There is an on-site non-SCA barbecue being held also on Friday evening; \$8 for adults and \$5 for children under 12.

Site fee: \$1 per person (fee is going to the Beaumont watertower fund)

A table will be set up for arts and science displays separate from the A & S championship. Please bring display pieces!

All Championships will be determined at this event, Archery, Fighting, Arts and sciences, Bardic, and Banner Bearer.

Some details: the Bardic Championship will require two pieces, 1 story and 1 song/verse, one of them to be from the country of your persona. The arts and sciences championship will require 3 works, 2 of an art and 1 of a science, or vice versa.

As the post of Banner Bearer is new, some explanation is required. The field is open to teens from 13 to 18, and is determined by accumulating points from at least 3 of the other areas of championship. They can sponsor a fighter, or shoot in archery, or submit an art or science piece, or perform a bardic story/verse/song. We hope that many of our younger population will join in!

Do flurk feast!

Barony to provide meat.

Letters are from SCA first name;

A-G: Fruit

H-N: Bread/Cheese

O-U: Dessert

V-Z: Veggies

If what you are bringing needs to be kept cool, please use your own coolers till feast in the evening.

How to get there

Go East on Hwy 54 to Augusta (54 becomes 96). Continue on 96 past Leon and Laetham. Beaumont can be recognized by the road sign or the wooden watertower. The SCA signs will be out to help you find it.

The champions are autocrating. For further information contact any one of us:

Cerridwyn: 524-0478

Otoshi: 267-3456

Ruaidridh: 788-8826

Raymond

For more information on Banner Bearer, call Orabella @ 788-8826

A DOCTOR'S EDUCATION

Friar Thomas Bacon

During the Middle Ages, the field of medicine was covered by three disparate groups. They were the herbalist, the barber/surgeons, and doctors. The herbalists were the dispensers of "home remedies", those time-tested potions and brews that were handed down each generation. They rarely had any formal training, or any understanding why their remedies worked. But for the vast majority of the population this was the source for any treatment they might get. The barber/surgeons had more formal training with apprenticeships, but they, like the herbalist, were still numbered among the lower class. The province of the barber/surgeons is what nowadays goes under the rubric of trauma. When cutting upon the human body, there were called in, and their techniques were only slightly more refined than those of ordinary butchers. The doctors were they only ones with formal academic training. This put them at a higher class, so their higher fees resulted in their being used only by the upper class. This article will look at a doctor's education.

The first medical university was founded in Salerno in the 10th century. The texts at this university were ancient Greek and Roman writings that had been re-introduced from the Islamic world. As time went on, addition Arabic texts were introduced in the curriculum. New material from European sources did not show up till the end of the Renaissance. Unlike the herbalists and the barber/surgeons, doctors had very little "hands-on" training. Their approach to medicine was very scholastic with a heavy dose of mysticism.

The central theory of medicine was that of the four humours, not unlike the four elements of physical theory. The four humours were choler, phlegm, black bile, and blood. A person's health and

character were determined by the relative balance of these humours. Illness was the result of one of these humours being out of balance. The doctor's job was to determine which humour was out of balance and remove the excess or replace the deficient.

Choler, also known as yellow bile, is associated with fire and made people temperamental and irritable. Such a person is said to be choleric. Phlegm is associated with water and made people sluggish or unemotional. Such a person is said to be phlegmatic. Black bile is associated with earth and made people gloomy or depressed. Such a person is said to be melancholic, which derives from Greek for black bile. Blood is associated with air and made people passionate or cheerful. Such a person is said to be sanguine which derives from the Latin word for blood.

It should be noted that the above humours are not exactly the same as the actual bodily fluids for which they share the same name, but are an ideal abstraction of these fluids. (To explain further would require a side discussion of Platonic philosophy and Universals.) Since the bodily fluid blood carries all four of these humours throughout the body, it became common practice to conduct blood-letting to release the excess of some humour. Diagrams for blood-letting are reminiscent of diagrams for acupuncture.

Blood-letting was not the only means of restoring the humour balance. Various potions, brews, and foods could be given. Whole books were written to detail the presumed effects of each: hot or cold, wet or dry. Which it turned out would enhance or suppress the production of given humour.

Inherent in the four humours theory was the concept that man was a mini-cosmos. As such he was connected to the larger cosmos, and so events in the larger cosmos had effects on man. By this thinking we see that the use of astrology played a part in the practice of medicine. The timing of the accident or illness affected the prognosis as it did the efficaciousness of the treatment. It was widely

expected that doctors be as conversant in the texts of astrology as in the texts of medicine.

To a lesser extent, doctors also got involved in alchemy. While the pursuit of making gold is the best known effort of the alchemists, right behind, and to some alchemists the more important, was the search for the elixir of life, said to cure all illnesses and prolong life. Just as modern chemistry arose from the efforts to transmute items to gold, the search for the elixir would lead to the pharmaceutical industry.

The state of medicine remained unchanged throughout the Middle Ages. The principal cause of this was the church's ideas on the Resurrection. It was strongly believed that the promise of Resurrection was literal, and so the body itself was sacrosanct. Thus dissections were outlawed, sharply constraining the study of the body. Nor did it help that the Council of Reims in 1125 and Lateran in 1139 discouraged the study of medicine by clerics, and in 1215 prohibited clergy from any activity that could result in shedding blood. It was only with the coming of the Renaissance and the loosening of the hold the Church had on the intellectual mind did medicine resume its advance.

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skully's summer survival guide

Events are for fun. They are less fun if some sort of annoying health-related disaster crops up. There are plenty of articles out there about how to stay healthy at events, most notably in the *Knowne World Handbook*, the pre-Pennsic literature, and the *Lilies* advance information, and it probably wouldn't hurt even experienced campers to consult these articles.

I've gone to an event or two in my time, and along the way I've accumulated a few ideas about staying healthy. Here are a few of my favorite comfort-maintaining techniques.

- **Ice everything.** Unless it can't tolerate being in a cooler (like chips or bread), ice it down. Ants can't get into your cooler, so it's really the best food storage place in your tent. The summer heat will almost instantaneously wilt everything, and food can spoil quickly.
- **Drink bottled water.** Many sites are in agricultural or rural areas, and the water may be very different from what your stomach is accustomed to. It's hard to predict what the water will be like, and bottled water is a very inexpensive precaution.
- **Bring salty stuff.** Chips may not be period, but a summer event will wring the salt right out of your body. I've found that a can or two of V-8 juice every day really helps to keep me feeling well.
- **Moist towelettes are the ultimate camping accessory.** The handwashing facilities may be distant or very inconvenient, and everyone really needs to keep their germs to themselves. Moist towelettes also are great for wiping off tables or wiping off feast and cooking gear before washing it. If you get the alcohol-based ones (like Wet

Ones), they can also help you cool off quickly. Finally, they'll do for an emergency sponge bath if you have to be in Court/in a meeting/at dinner before you can get to a shower.

- **Wash everything.** Unwashed dishes cause plague. Ewwh!
- **If it's in your medicine cabinet, bring it.** A camping event is a terrible place to discover you're without your prescription, or you've forgotten your allergy medicine, or your digestive tract is doing something it shouldn't.
- **Bugs find you tasty.** Bring repellent.
- **Don't sizzle.** Bring sunscreen. Armor is uncomfortable over a burn, and helms cause burn lines which take forever to explain at work the following Monday.

Thinking about fun will and should take up most of your time in preparing for an event. Taking a moment to think about safety and health will ensure that fun—and not other something else—happens. As that latter-day Viking, Roald Amundsen, said, "Adventures come from lack of planning."

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BARON Gabriel ap Morgan ap Hywel David Cooper	Boy Duke
BARONESS Rhianwen ferch Bran ap Gruffydd Joan Steurer	269-3853
SENESCHALE Eleanor ferch Rhiwallon Wendy Donaldson	685-8510
ARCHER MARSHALL Ruadrigh de Graham Allen Graham	788-8826
CALTROP Brialen Ulfsdottir Vikings Debbie Taylor	524-0917
CHATELAINE Cerridwen o'r Eurgledde ferch Owain ap Glyndyfrdwy Deborah Billings	524-0478
CHRONICLER Odindisa the Grim Marguerite Reed	269-1574
KNIGHT MARSHALL Takahara Otoshi Tracey Gillaspy	267-3456
HISTORIAN Friar Thomas Bacon David Moreno	685-1182
MOA/MOS Aobhainn na Kildare Kim Shephard	683-7425
MINISTER OF CHILDREN Orabella Grace O'Brien Patti Graham	788-8826
PROPERTY MISTRESS Christine Joye Stewart Jerri Barr	943-1879
TREASURER Alcyoneus du Battenhelm Park McKellop	682-4468