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from the baronase

Unto the populace of Vatavia comes these greetings from Gabriel and Rhianwen, Baron and Baroness.

We would like to thank all of the outgoing Champions for their hard work in making the last Champions' Tournament a success. We put on a demo, ran all the competitions, did a good deed for a worthy charity, and enjoyed ourselves all at the same time.

I would like to congratulate the incoming champions and welcome the newest addition to that worthy list: the Banner Bearer. The excitement and responsibility didn't stop when you received your scroll! Remember that you are now a diplomat of your discipline to the people of Calontir, Vatavia, and the modern world. Also, keep in mind that you will autocrat the next Champions' event.

This is just a short missive at this time, but we hope to see all of you who can make it to Lilies—not to mention seeing you at Birthday Bash in July.

In service

GABRIGI.

RDIAHWEH



from the seneschale

Greetings from Lady Eleanor ferch Rhiwallon, Vatavian Seneschale.

Summer promises to be exciting as always! Lilies is just around the corner, followed by our Baronial Birthday Bash, Thunder Wars, Tournament of the Falcons, on through Valor. Lady Christine had graciously agreed to autocrat the Birthday Bash, and His Grace Gabriel has boldly volunteered to autocrat Valor. Please offer your help and support to these good gentles.

I'd like to go ahead and dispel a bit of a rumor I've heard crawling around. You do not have to have been in the SCA any given length of time to help with an event. Sometimes it looks like the same people do the same things all of the time. That may be because these people have taken the important first step of volunteering their skills and talents. If you see something out there you want to do, whether you've been around awhile, and it's something new, or if you yourself are new, volunteer. The good gentles of this barony would be most grateful to have you and your talents (no matter how new!) to help us all continue our pursuit of The Dream.

Ever in service to all,

Eleanor

FROM The ARCher MARSHAL

IKAC season is here. Let's try to beat the Winter Challenge numbers. Everyone who can shoot, please try to get a score in some time this summer. The CAP shoot season has also begun. Last year we did not have enough scores to post. There's lots of archery out this summer, so let's go shoot!

In service,

Ruaidpih de Epaham



from the fighter marshal

Unto the gentle populace of Vatavia come these warm greetings from Takahara Otoshi, Knight Marshal of Vatavia.

First and foremost, I wish to thank Evan, Dawayne, Torin, and everyone else who has helped with fighter practice during my recent travels.

The turnout at fighter practice has been very positive and encouraging. I truly hope it continues to grow and the solidarity among everyone in the Barony keeps getting stronger.

Fighter practice will move to 4pm on Sundays, but will remain at Watson Park. Once again, everyone is welcome to come out and bring A&S projects, questions, or the just foster the camaraderie.

In service to Vatavia, Calontir, and the Dream,

Takabara Otoshi

Baronial Birthday Bash '98 - "A Party of the Puns!"
Saturday, July 11th, 1998, 10am to 6pm
at Bentley Watershed Picnic Area
Autocrat: Lady Christine Joye Stewart Phone: 316-943-1879
(Please do not leave messages with the cats!)

E-mail: thebarrs@feist.com

Archery

Straight Points Shoot – Approx. 10am
Shoot the Puns (Pick the target with the pun and you get points) –
Approx. 11:30am

Fighting:

Straight Single/Double Elimination Tourney (depends on the number of fighters) – Approx. 1pm

Fighting Puns (Fighter paired with a non-fighter and for each good verbal blow from the non-fighter the fighter strikes opponent at body part picked by a roll of the dice) – Approx. 10:30am (Authorizations/Inspections at 10am)

Arts & Sciences - All entries need to be in by 12 noon.

Best Heraldic Puns (Limit of 5 entries per person)

Best Art or Science based on a pun

Best Food based on a pun (must be edible for feast and have sample platter for judging and it does not have to be period)

Bardic - Approx. 2pm

Verbal Pun Fighting (Meridian style) - Audience participation requested.

Ministry of Children – **Times and activities TBA**Making picture puns? Making word puns?

Feast: (Lady Cerridwyn o'r Eurgledde ferch Owain ap Glyndyfrdwy -

Feast-o-crat 316-524-0478) Approx.: 4:30pm

Potluck with the Barony providing tea and water and charcoal for the grills. Bring the meat and the sidedish from the category that has the first letter of you SCA first name (if no SCA first name then non-SCA first name).

Your sidedish may be entered in the A & S best food based on a pun competition - see the rules for that competition.

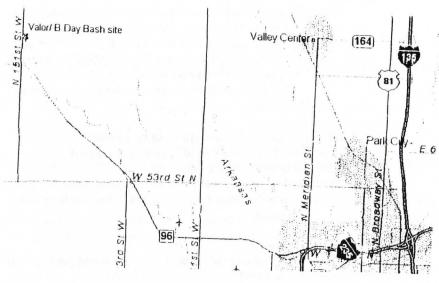
A-E bring Bread, Butter, or spread for Bread

F-J bring Fruit or a Dip for Fruit

K-N bring Veggies or a Dip for Veggies

O-S bring Salads or Deserts

T-Z bring anything else that is a food that is listed allowed on site



Take your best route to K-96 towards Hutchinson. Turn north on North 151st Street West and go to the Entrance that's on the east side of the road. Alternate route in case of construction: Turn north on North 167th Street West and go to West 85th Street North turn east and go to North 151st Street West and turn south and go to Entrance that's on the east side of the road.

Huzzah to the new Champions of Vatavia!

A&S Champion: Batu

Bardic Champion: Takahara Otoshi

Fighter Champion: Udutai

Archery Champion: Morcar

Banner Bearer: Guenevere

Vivat to everyone who attended the Champions' Event of June 6, 1998.

DRASONFLYRE CREDITS

Her Excellency Rhianwen.....Ink
Primate

HL Marie Chantal Delaire.....Officers' Minutes & Heraldic Art

Milady Toda Galindez.....Non-border Art

FROM The Whale's ROAD

Eleanor ferch Rhiwallon

This reporter has been privileged to attend many events so far this spring. I've seen great acts of chivalry, skill, and courtesy. I've also seen many fine people recognized for their outstanding work in the areas of service, arts, sciences, archery, and fighting.

May events had a wide range of themes and several were close to home making travel easy and quick. The month kicked off with a Mongolian Wedding near Manhattan, Kansas. The Mongol Boys of Vatavia made a fine show of asserting the rights of the groom on the field of battle. Actually, fields of battle is more appropriate since fights took place on the beaches, open fields, castle, and iced over lakes! The archery field was dominated by our own Lord Morcar, who took the day and a lovely bow case as a prize. The wedding itself was grand, with Lord Erik Thrymsson in full Mongolian "priest" garb presiding over the ceremony. Food was plentiful and exotic. Both the bride and groom were beaming, and this reporter wishes them much luck and good fortune as they so richly deserve.

Several of us trekked up to Golden Sea (Salina, KS) for a small event. It was an event centered around trying new things. The featured presenter was His Grace Gabriel who taught glass bead making. His natural teaching ability shown through and several people made excellent attempts at their first beads. Melees and Mayhem in Crescent Moon (Topeka)was phenomenal! The warlord tourney was a sneak preview of Lilies, Vikings vs. the Irish.

Fighting was outstandingly fun, particularly The Game. Talk to Torin (he marshalled), Udutai (spectated), and Eleanor (played and enjoyed being a goalie way too much!) to get varying perspectives of the joys and thrills of The Game. Vatavia dominated the archery field again with Lord Michael van Bergen taking the day! Do those Vatavian archers kick butt or what?????? They must, because Lord Ruadrich totally ruled at St. George and the Dragon (which this reporter was unable to attend) and received a lovely embroidered pouch for a prize.

Hope to see all of you at events throughout the summer so I can continue to report on your valiant Vatavian efforts in the fields of archery, fighting, and the arts and sciences.

Vivat Vatavia!

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Sunday	monday	Tuesday	Wednesday	Thursday	FRIDAY	Saturday
Jal	lg I	.998	3			
			Officers' Meeting - 7:00	2 Calligraphy & Illumination - 7:00	3	4
5 Fighter Practice - 4:00	6	7 Armoring/Pell Practice - 6:30	8 European Dance Practice - 7:00 Fighter Practice - 6:00	9 Archery Practice - 6:00	10	11 Vatavian Birthday Bash - see flyer
12 Fighter Practice - 4:00	13	14 Armoring/Pell Practice - 6:30	15 Populace Meeting - 7:00	16 Archery Practice - 6:00	17	18
19 Fighter Practice - 4:00	2O Costuming - 7:00	21 Armoring/Pell Practice - 6:30	22 European Dance Practice - 7:00 Fighter Practice - 6:00	23 Archery Practice - 6:00	24	25
26 Fighter Practice - 4:00	27	28 Armoring/Pell Practice - 6:30	29 European Dance Practice - 7:00) Fighter Practice - 6:00	3O Archery Practice - 6:00	31	

bero sardens

Friar Thomas Bacon

During the Middle Ages, local sufficiency was essential. Goods from other places were hard to come by and expensive. This included medicine. As a result, most medications were home remedies made from materials that could be found at hand. For many locations, the local native herb population was limited in either variety and/or amount. The solution was for each household to have its own herb garden, which could include herbs from elsewhere. Whether in just a portion of the larger vegetable garden or in a separate garden of its own, growing herbs was seen as just as essential as growing food. This essay will explore what was grown in those gardens.

There is little mystery what was grown in these gardens as books on herbs and their uses were quite popular. Works from the late Roman Empire remained available, and each generation seemed to produce its own version of this genre. The quality of these books varied considerably. The best were written from direct observation; the worst were verbatim copies of early works with all their attendant mistakes. Many were illustrated, but the illustrations were usually ambiguous and many times just plain wrong. The medical theory espoused in these books was the standard four-humor theory, and each plant was given a place within this framework. More useful was the listing of which conditions each plant could treat, and its side effects. These are fairly accurate, and with some caution could be used today.

The plants found in a medieval herb garden would nowadays be collected into four groups: spices, ordinary fruits and vegetables, flowers, and weeds. This categorization is arbitrary and modern. During the Middle Ages, everything that could be used, was; often with more than one use. Such was life on the margin.

When one mentions herbs, the modern individual usually calls to mind those plants otherwise thought of as spices. These

would include basil, bay, dill, fennel, garlic, ginger, marjoram, parsley, rosemary, sage, and thyme. Valued today and then, for the flavor they add to food, they were also in great demand to relieve any number of ills and conditions.

Fruits and vegetables are not usually thought of as herbs. Since their primary use was food, they were usually not found with the other herbs. Nevertheless, medicinal properties were still attributed to them. And while the medieval doctors' reasoning was wrong, modern science agrees with their conclusions as they are filled with vitamins and other required substances.

In today's gardens, flowers are cultivated for their colorful blooms. While their beauty did not go unnoticed by a medieval housewife, it was for their value that they were grown. Such flowers as cinquefoil, columbine, daisy, honeysuckle, iris, lavender, lily, peony, primrose, rose, and violet would be found in the gardens. This was in addition to numerous wildflowers that would be gathered.

The bane of modern gardeners had a place in the medieval garden. The most infamous of these is the dandelion, used to make a number of drinks. Other plants now considered weeds that were cultivated or collected include: bindweed, chickweed, goose-grass, ragweed, and tansy. Their fall from grace came as medical theory shifted and the modern drug industry arose. The bitterness of such plants kept them from being used as spices and their usually drab blooms precluded them from being admired as flowers. Their final sin, and the source of disparagement by suburban gardeners, si their propensity to crowd out meeker plants.

Plants used for medicinal purposes were by no means limited to those mentioned. Wild plants such as bracken, lichen, or reeds were also harvested and used, as were crops such as clover, hay, and wheat. Nor were trees like ash, birch or oak overlooked. But while used when available, they were rarely cultivated for medical purposes.

What was planted in medieval gardens was governed by their practical uses. This did not preclude the garden from being arranged to give a pleasing effect. The medieval mind did not

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divorce beauty from function. Though herb gardens had a serious purpose, they could hold their own against any modern garden.

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The Four Seasons of the House of Cerruti, trans. Judith Spender, Facts On File Publications, NY, 1984

The Medieval Health handbook, Luisaa Cogliati Arano, George Braziller, NY, 1976

A Medieval herbal, Chronicle Books, San Francisco, 1994

A Medieval Home Companion, trans. Tania Bayard, HarperPerrennial, NY 1991

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Seperal appouncements

All newcomers: Orabella--wearing her census hat--needs your name and phone number, and the names of your children. Anyone who has changed their address, I need this from you too. Please contact her at 788-8826, or e-mail her at allen@fn.net.

Archery practice is at 5500 N. Maize Road on Thursdays (except the first Thursday of the month), 6pm until dusk. Please contact Ld. Roderick at 788-8826 with your questions.

Armoring is held at His Excellency Gabriel's house. Call Ld. Otoshi at 267-3456 for details

Bardic is held the last Monday of the month. For more information, call Cerridwyn at 524-0478.

Calligraphy and Illumination has moved to Godric's humble abode, meeting the first Thursday of the month at 7:00. Please call Corrigan McKenzie for the address or other information at 945-1536.

Costuming/Fiber Arts occurs on the third Monday of each month, at the Aragon Apartments Clubhouse. The Costuming/Fiber Arts interest group now has several books and a sewing machine available for loan to members of the Barony. Call Ly. Sibeal at 265-4643 if you have questions.

For information about European Dance, please call Lady Eliane at 265-2507 for more information.

Fighter practice remains at Watson Park, but remains on Sundays from 4:00 on. It has resumed on Wednesdays from 6pm(ish) until dusk at N. Linwood Park. Everyone is welcome-please bring your Arts & Sciences projects to work on and share with others.

The Property Mistress is taking on deputies for 'training.' If you are interested, please contact Ly. Christine at 943-1879, or e-mail her at thebarrs@feist.com

The Minister of Children, hero that she is, can't save the world alone. If you are interested in becoming her deputy, please call Ly. Orabella at 788-8826.

Anyone interested in any information concerning the SCA or in becoming a member of the SCA, please contact Cerridwyn at 524-0478.



officers, meerin2 Way 6' 1888

15 members attended; 13 officers/ deputies/ champions/ autocrats, 2 members of the populace.

Details for the Champions' event during the Beaumont demo were covered. Beaumont has other groups and non-SCA activities planned. It was proposed to give any proceeds from the event to the tower preservation fund. It is being planned to have the fighting and archery championships schedules so as not to conflict with each other. There was a brief discussion about the possibility of being able to let demo guests to shoot archery. This will be looked into.

A bid was submitted for the Baronial Birthday Bash. There were some questions about the proposed date and scheduling ideas were covered. There was a brief discussion started about the results of RenFaire. A meeting of the RenFaire autocrat, deputies, and steering committee to analyze the event was scheduled.

The Chatelaine reported on the success of the newcomer's meeting. She thanked all who came and helped show Vatavia to our 49 guests. The herald presented the results of the recent LOAR, Letter of Appreciation and returns. A consultation meeting will be arranged in the near future. There are three demo presentations scheduled for the end of this month.

The Treasurer presented the financial report for the quarter and records on Ren faire. The Ren Faire autocrat and some deputies reported on the financial results of specific parts on Ren Faire. The Property Mistress stated that there were some items of Baronial property that needed repairs to be ready for the camping season. She is also looking for a deputy. Interested individuals should be contact Christine.

The MOC, Minister of Children, presented plans for the first young

adults' championship. Possible titles for this championship were discussed. A scrapbook and monthly Dragonflyre contributions are also being started by the young adults. The MOC would like a deputy to assist with the activities for the young children. Contact Orabella if you are interested.

Information is being gathered for the Census, the Vatavian phone directory. Individuals should get their information to Orabella to be included. Proposed T-shirt designs were presented.

There have been several new fighters at practice. The fighter practice is continuing at O. J. Watson Park at 1 pm on Sundays and an unofficial war party Wednesday nights at 6pm at N. Linwood Park.

The Seneschal announced the upcoming local events and encouraged members to attend, especially the day trip-able ones. People were reminded to turn in event reports. This aids planning for future events and for future autocrats. This raised questions about the locations of old resource notebooks and suspended projects.

The next Populace Meeting will be at Sims Park. It was suggested to change the date of the June Populace Meeting to before Lilies War. That would put the meeting on June 10th.

The meeting adjourned.



Officer's meeting June 3, 1998

21 members attended: 17 officers/ deputies/ advocates; 3 members of the populace plus one small.

Final plans for the Beaumont demo and champions' event, June 6th, were arranged. Specific details were covered. General plans for the next event, the Birthday Bash, July 11th, were presented. The Bentley Watershed Picnic Area is the site. During Lilies Was Her Excellency Brialen still needs a few volunteers to fill the rest of the 2-hour shifts Vatavia have been assigned for Troll. His Excellency Baron Gabriel is autocrat for this year's Valor. It will also be held at the Bentley Watershed Picnic Area. Planning was begun for providing shower facilities.

The Herald had no news to report from the national or Kingdom level. The possibility of an article and also a class on persona development are being worked on by the heralds. Lady Eleanor is working with the Kingdom Order of Precedence Clerk on a project to add peer and other additional information to the on-line OP. She will be collecting the information for this area. She also will have the local Order of Precedence with her at this Populace Meeting, the Beaumont event, and Lilies. Members need to check that their information is correct.

A demo request from the Boeing Employees Community Fund was approved. The Historian has received a shipment of Knowne World Handbooks. (See His Lordship Thomas if you would like a copy.) The Property Mistress requested to purchase a storage container. The Treasurer reported a balance of \$3,662.66.

Dance will be the subject of the 'try something new night' prior to the June Populace Meeting. For July the subject will be fighting. Dance has moved to Sims park on Wednesday nights, except for Populace. (Contact Eliane for information.) Lady Sibeal has corset-making materials available. All Baronial activities are suspended during Lilies War, June 12-June 21.

Starting the first weekend in July, fighter practice will begin at 4pm to avoid the heat. It will still be held at O.J. Watson park. The Knight's Marshal thanked those marshals who have supervised practice when he has been gone. Producing Loaner armor was discussed. Lady Sibeal has a source for different construction materials the fighters might be able to use.

The Seneschal reminded officers that reports for the next quarter would be due soon. (Any members with information please get it to the appropriate officer to help them with this.) His Excellency Gabriel reminded all that the deadlines for letters and opinions on the selection of the new Baronage be in to the Crown by June 21st.

The meeting adjourned.



BARON Gabriel ap Morgan ap Hywel David Cooper		Boy Duke
BARONESS Rhianwen ferch Bran ap Gruffydd Joan Steurer		269-3853
SENESCHALE Eleanor ferch Rhiwallon Wendy Donaldson		685-8510
ARCHER MARSHALL Ruadrich de Graham Allen Graham		788-8826
CALTROP Brialen Ulfsdottir Vikings Debbie Taylor		524-0917
CHATELAINE Cerridwen o'r Eurgledde ferch Owain ap Glyndyfrdwy Deborah Billings		524-0478
CHRONICLER Odindisa the Grim Marguerite Reed		269-1574
KNIGHT MARSHALL Takahara Otoshi Tracey Gillaspy		267-3456
HISTORIAN Friar Thomas Bacon David Moreno		685-1182
MOA/MOS Aobhainn na Kildare Kim Shephard		683-7425
MINISTER OF CHILDREN Orabella Grace O'Brien Patti Graham		788-8826
PROPERTY MISTRESS Christine Joye Stewart Jerri Barr	943-1879	
TREASURER Alcyoneus du Battenhelm Park McKellop		682-4468